



Unicoi State Park unveils new zip line in Helen Brand-new course opened April 26

Times staff reports
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Erin O. Smith/For Get Out
A guide demonstrates how to slow yourself down while on a zip line Wednesday, April 26, 2017, at the Unicoi Aerial Adventure Park in Helen. Riders travel the lines between points on the tour and control their speed using a gloved hand to apply pressure to the line.

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Unicoi Aerial Adventure Park

Where: Unicoi State Park, 1788 Ga. 356, Helen

Cost: \$59 for Level 1 and \$89 for Level 1 and 2

More info: [706-878-4740](tel:706-878-4740) or unicoizipline.com

Visitors to Unicoi State Park can zip through the woods area on a new route — one that is 100 feet in the air.

The state park in Helen opened a level 2 course April 26 that provides views from eight new zip lines.

The lines ranging in length from 500 to 2,000 feet long and are 50 to 100 feet high. American Adventure Park Systems built the course in partnership with the Georgia State Park System.

Before rides can fly above the treetops, they must first strap on a harness and don a helmet for safety. Then they are latched onto zip line cables and traverse the course with a pulley system.

Riders then travel between points on the tour, controlling their speed using a gloved hand to brake.

However, not just anyone can zip through the trees. Riders must be at least 8 years old and weigh at least 90 pounds. Women must weigh less than 250 pounds and men must weigh less than 285 pounds to participate. Participants also must be able to climb two 65-foot towers and a 100-foot tower.

The cost to ride the level 1 and level 2 courses is \$89.

In addition to the new level 2 course, a level 1 course is available. The course features 11 zip lines, ranging from 75 to 400 feet in length. The lines are 20 to 75 feet off the ground.

To participate in that course, riders must weigh at least 50 pounds. The cost is \$59 for just level 1.

Zip lining is not recommended for those with moderate to severe heart and/or respiratory difficulties, recent surgeries, second or third trimester pregnancies or those with moderate to severe musculoskeletal problems.

Do not wear flip flops, open-toed shoes or shoes without a back. Riders with long hair should secure it in a pony tail.

To reserve a trip, call 706-878-4740 or email info@unicoizipline.com.